



Waste Disposal Ground Hours

Ashern and Oakview Locations

The Ashern Waste Disposal Grounds Requires the following recycling items to be sorted as Follows :

Items that are Recyclable

- *AG Film & Twine
- * Scrap Metal
- *Compost
- * Dry Electronics
- * Brush Piles
- *Appliances that **DO NOT** use Freon
- *Batteries (Ex. AA, AAA, Cell phone) collected at Municipal Offices
- * Used Oil
- * Tires
- * Paint



Ashern Waste Disposal Grounds Hours:

Effective April 1, 2024

- Monday: 8 am - 12 pm
- Wednesday: 8 am -12 pm & 1 pm - 4 pm
- Thursday: 8 am - 12 pm
- Friday: 8 am - 12 pm
- Sunday: 10 am -4 pm

Oakview Waste Transfer Station Hours:

Winter Hours (Oct. 1 -April 30)

- Monday: 10am - 2 pm
- Thursday: 10am - 2pm
- Sunday: 11 am - 5 pm

Summer Hours (May 1 - Sept.30)

- Monday: 10 am - 2 pm
- Thursday: 10 am - 2 pm
- Saturday: 11 am -5 pm
- Sunday: 11 am - 5 pm

Currently Styrofoam, tinfoil and other foil items, soft plastics (bread bags, sandwich bags, etc.) Soiled paper items (paper plates, paper towels etc.) **CAN NOT** be Recycled

Landfill Waste

Unit	Applicable Fee
1 Standard Size Garbage Bag	\$1 each bag
1 Industrial Sized Garbage Bag	\$2 each bag
1/2 Ton Truck or 1 Axle Utility Trailer	\$15/load or part thereof
1 Ton Truck or 2 Axle Utility Trailer	\$30/load or part thereof
3 Ton Truck	\$90/load or part thereof
Tandem Truck	\$150/load or part thereof
Semi-Trailer	\$300/load or part thereof

All Waste that is not Recycling will be Charged.

The RM of West Interlake would like to remind people that Hazardous Waste will not be picked up curbside, it must be brought to the facility. Please also keep in mind that Recycling cans must be rinsed out of food items to be accepted.

Thank you!

Rural Municipality of West Interlake's

MUNICIPAL MATTERS

APRIL 2024 ISSUE 14

Ashern Daycare's New Second Location

On March 3, 2023, the provincial government proudly announced the arrival of \$10/day daycare for children under 6 – three years ahead of the national plan. This was great news for the families in our community that were struggling to make ends meet with the ongoing cost of living crisis. Previously the cost for a preschool space was \$20.80/day, while an infant space was \$30/day! The new reduced fees mean that families with young children saw their childcare bill drastically decrease. Of course, these new daily fees bring with them the demand for additional childcare spaces. For the first time since 2008 (when the current site was opened) Ashern Daycare had a wait list of over 35 children waiting for childcare.

Due to the increased demand, in April of 2023, Ashern Daycare's Board of Directors made the decision to purchase a building to renovate into a second location. #13 Main Street (previously Pur Beauty Bar) was the best choice for our needs. It has a cute front porch, grassy back yard area, and is within walking distance to the main site, and both schools. The purchase was made in June of 2023 and the renovations began shortly after. Anyone who has ever renovated knows about the delays and unforeseen costs associated. While the renovation took longer than originally anticipated, Ashern Daycare's second location is now officially open just one year after the \$10/day announcement!

This new location adds ten school age spaces for children to use before and after school, on in services, during summer, and other school holidays. We also have eight kindergarten spaces, for children for before and after school, and on alternating days when they aren't in class. Additionally, we are planning to be able to provide care for another eight preschool children on a part-time basis. In order for this to start in the fall, we will need to secure funding to fence the backyard area, and to purchase additional equipment such as naptime cots and diaper changing facilities.

This expansion would not have been possible without the support of our amazing community, including the children and families, donors, and our hardworking volunteer board. We would especially like to thank Alex Bogusat of Interlake Architecture, who acted as general contractor and head architect on this project. Ashern Daycare relies heavily on the fundraising efforts of our daycare families and the support of our surrounding area, and we can't say enough how thankful we are for everyone's continued support.

We are looking forward to more big changes coming to Ashern Daycare!



Ashern Daycare
2 Main St,
Ashern, MB R0C
0E0, Canada

Phone:
(204) 768-2835



CT COMPUTER REPAIRS

Remote support/local drop off/at your site



- Full system diagnostic and complete clean ups/tune-ups
- Virus/malware/spyware/pop-up removals and prevention
- Full system optimization/speed up/maintenance/cleaning
- Updates/firmware/driver support
- Software installs/updates
- New system setups and consults
- Backup and data recovery
- System freezing/crashes/blue screen error messages fixes
- Guaranteed and certified A+ servicing for home/businesses
- FREE anti virus installs with clean ups

Convenience, privacy and flexibility at fair prices

Fast, friendly, professional tech support-365 days a year

Free phone estimates/Warranted work

Save gas, money and time - support your local businesses!

Phone/Text/WhatsApp 204-471-5818

email: computertutor@live.ca

web page: www.computertutorpetra.ca

Facebook: www.facebook.com/petracomputertutor

Read about us, and check out our many great 5 star reviews on our website and Facebook!

ASHERN AND AREA

JOB FAIR



Thursday, April 11

10:00AM - 3:00PM



Location

ASHERN CENTENNIAL HALL

Canteen will be open



Fieldstone Ventures

BRING YOUR RESUME

NEED HELP WITH YOUR RESUME?

Contact us!



(204) 768-3787



FSV@LAKESHORES.D.MB.CA

JILENE YANKE

For ALL of your Catering Needs!

204-768-0382

WEDDINGS/FUNERALS/MEETINGS/GET TOGETHERS/SOCIAL EVENTS ETC.

BOOKING UP QUICKLY FOR SUMMER CALL TO BOOK YOUR EVENT!



ANNUAL Spring DINNER & DANCE

Saturday April 27, 2024

Cocktails 5 pm - 6 pm

Dinner 6 pm - 7 pm

Eriksdale Community Centre

\$500.00 Door Prize

Live Music

\$50.00 per ticket

Contact a Community Club Member for tickets

Smoked Prime Rib and Smoked Chicken available



New National Suicide Prevention

Hotline

9-8-8

March 2024

Excitement is building!

CONSTRUCTION UPDATE

Ashern's Lakeshore General Hospital

New Patient Wing Construction on track at Ashern's Lakeshore General Hospital

The construction of the new state of the art hospital inpatient unit is on track for targeted completion at the end of the year. The first patients are expected to be seen in the new wing early next year.

The new unit includes: 26 private single bed patient rooms (addition of 12 new patient rooms to the existing 14 rooms); a bariatric assessment room with reverse pressure isolation; a dedicated spiritual space; dedicated room for rehab assessment; updated floor plan with central care stations for staff to monitor patients easier; and a new tub and bathing room.

Emergency Department Renovations to begin in 2025

Starting early next year, the emergency department will be expanded to provide eight new treatment spaces, a negative pressure isolation room that can also accommodate bariatric patients and a dedicated consult/interview room for staff. This project is targeted to be completed in fall 2025.

Where we are now:

- Installing metal doors and frames in the inpatient unit
- Installing custom handrails, door frame guards and cubicle curtains
- Continuing to install air handling unit and chiller
- Finishing interior drywall
- Working on headwalls in patient rooms



Interior corridor of new inpatient unit



West end of the addition looking east

Work with Us!

We're hiring for Ashern Lakeshore General Hospital. To apply, learn more about positions or educational opportunities, visit www.ierha.ca/work-with-us/



Interlake-Eastern Regional Health Authority

Manitoba

Questions?



1-855-347-8500



info@ierha.ca

Eriksdale Music Shop Events

1. EMS Summer Concert Series
 2. EMS Summer Music Boot Camp
 3. EMS Saturday JAMs
- Follow us on Facebook
Eriksdale Music Shop for all the latest info

Blaine Wahl

Plumbing & Heating

Your Local Journeyman Plumber, Gas Fitter, and Heating Specialist

Call 204-302-1608

204-768-0701

ERIKSDALE CREAMERY DAYS FAIR & RODEO JULY 6 & 7

50/50 DRAW
PARADE
KIDS ACTIVITIES
TRACTOR PULL

HOME LIVING SECTION
HEARTLAND RODEO
MARKET GARDEN

LIVE ENTERTAINMENT BY "THE SPECTACLES" AT THE CREAMERY "LOST IN A SMALL TOWN" AFTER THE RODEO
MORE DETAILS TO COME FOLLOW OUR FACEBOOK PAGE

SPRING PIG ROAST

MAY 11, 2024
5:00 PM - 1:00 AM

4:00 Open House at LRWC
5:00 Cocktails
6:00 Dinner
Program to Follow

ASHERN CENTENNIAL HALL

DINNER - COMEDY - LIVE MUSIC - GAMES

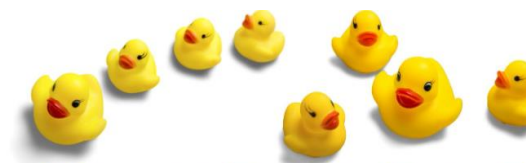
Tickets: \$35 per person
Available at
Dodd's Siding or LRWC
Committee Members

FEATURING COMEDY TEAM "GOING GREENE"



Ashern Pioneer Museum
 AGM Meeting
 April 16, 2024 @ 7:00 p.m.
 Ashern's R.M. Office - board room
 Also looking for new members

License #7485



WANNA BUY A DUCK?

Ashern's Great Duck Race 2024

Purchase a duck for \$5 and cheer your duck on to the finish line! Ducks available from any Lakeshore Regional Wellness Commission committee member, Dodd's Siding, or check out our website at lrwellness.ca or our Facebook page.

Etransfers accepted

- Prizes:**
 1st place: \$300
 2nd place: \$100
 3rd Place: \$50
 Last place: \$50

Date and place weather dependent.
 Check social media for updates!



Eriksdale Community Resources INC.

10 Main Street
 Unit B
 Box 382
 Eriksdale, MB
 ROC OWO

CONTACT US
 PHONE: 204-739-2697
 FAX: 204-739-2073
 Email: commresources@rmofwestinterlake.com

Main Office: Box 370, #38 Main St Ashern, Manitoba, ROC OEO Phone: 204-768-2641 Fax: 204-768-2301

Satellite Office: Box 10, #10 Main St Eriksdale, Manitoba, ROC OW Phone: 204-739-2666 Fax: 204-739-2073

RURAL MUNICIPALITY OF WEST INTERLAKE

www.rmofwestinterlake.com

JOB POSTING

POSITION: Public Works Worker - Permanent Full Time
 DEPARTMENT: Public Works
 RATE OF PAY: As per collective agreement, starting pay is \$19.06/hr
 POSTING DATE: March 21, 2024
 CLOSING DATE: TBA

Please send resumes to CAO at cao@rmofwestinterlake.com or dropped off at a municipal office. Only successful applicants will be notified.

DESCRIPTION:
 Reporting to the Public Works Foreman, the Public Works Supervisor position will be required to perform a variety of tasks and duties of a physical nature related to public works infrastructure, services, and equipment.

The successful applicant must demonstrate skill, knowledge and experience repairing and maintaining municipal infrastructure and the operation, maintenance and repair of equipment relevant to the position. Due to the physical nature of the position, the successful applicant must be physically fit in order to carry out designated responsibilities.

The successful applicant must be a team player possessing effective communication skills and must be courteous and respectful to Council, supervisors, colleagues, and the general public.

- PRINCIPAL RESPONSIBILITIES:**
- Assist other personnel such as the Public Works Manager, Public Works Foreman, Utility Foreman and other Public Works personnel, as required.
 - Supervise summer students.
 - Assist in the construction, maintenance and repair of municipal infrastructure.
 - Cut grass and trim trees.
 - Operate, maintain, and perform minor maintenance & servicing of light and heavy equipment.
 - Perform routine duties and manual tasks.
 - Town of Ashern waste and recycling collection, as required.
 - Bringing various unsightly properties up to municipal standards.
 - Must be prepared to assume scheduled on call duties during the week and on the weekend.
 - Availability to respond to calls on short notice.
 - Other duties as assigned.

- QUALIFICATIONS:**
- Completion of Grade 12 or equivalent.
 - Computer skills including use of Microsoft programs.
 - Organized and accurate record keeping.
 - Valid Driver's License
 - Be able to work well independently.

Main Office: Box 370, #38 Main St Ashern, Manitoba, ROC OEO Phone: 204-768-2641 Fax: 204-768-2301

Satellite Office: Box 10, #10 Main St Eriksdale, Manitoba, ROC OWO Phone: 204-739-2666 Fax: 204-739-2073

RURAL MUNICIPALITY OF WEST INTERLAKE

www.rmofwestinterlake.com

RM of West Interlake Public Notice

Regarding Special Service Proposal - By-Law No. 02-2024 for the Collection and Transportation of waste and recyclable material for the RM of West Interlake in Ward 1 (Eriksdale).

The Council of the Rural Municipality of West Interlake has scheduled a public hearing at the RM of West Interlake Council Chambers, #10 Main Street, Eriksdale, MB on April 15, 2024 at 10:00 a.m. to present the following special service proposal:

To provide a Special Service levy for the pick-up of garbage and recycling from residential and commercial properties within Ward 1 (Eriksdale). Estimated cost for 2024 is \$119,809.00 per parcel rate will be \$125.00 - \$140.00 per single family residence, \$250.00 - \$280.00 duplex, etc....

Copies of the Special Service proposal are available at the municipal office, #10 Main Street, Eriksdale and on the website at www.rmofwestinterlake.com

A written objection may be filed with the Chief Administrative Officer, at #38 Main Street, Box 370 Ashern, MB. All objections, written or verbal, must be filed prior to April 15, 2024 at 10:00 a.m. and must include the name, address and property description of the person filing the objection and the grounds for their objection. At the hearing, Council will hear any potential taxpayer who wishes to make presentation, ask questions or register an objection to the special service proposal.

If you are planning on attending the Public Hearing, please call the Ashern Municipal office to pre-register as we can only accommodate a limited number in person. You may also attend via conference call.

Dated at Ashern MB this March 18, 2024 and issued pursuant to Section 318 of The Municipal Act.

Bernardo Pasco
 Chief Administrative Officer

Eriksdale Legion Branch # 140 Presents

BINGO

Over \$3500.00 in Prizes

SATURDAY MAY 11, 2024

Eriksdale Recreation Centre
Doors open at 2:00 pm
Early Birds 3:00 pm
Entry Fee (9 TV) \$30.00

Food will be Available

Nevada's available

License: LGCA2675-BI43786

Please Remember that all residents must take out a burning permit to burn T These permits can be taken out at either R.M. Office. Thank you for your Cooperation on this matter

RM of West Interlake 2024 Dust Control - Deadline May 10, 2024

The RM of West Interlake will again offer to apply dust suppressant at the expense of the property owners who request it to be applied in front of their residential property. The cost this year for an application is as follows:

Length Feet	Width 12' or 16'	Dust Control Cost
200	12	\$ 197.00
200	16	\$ 262.66
300	12	\$ 295.50
300	16	\$ 394.00
400	12	\$ 394.00
400	16	\$ 525.33
500	12	\$ 492.50
500	16	\$ 656.66
600	12	\$ 591.00
600	16	\$ 788.00

Regardless if you've had dust suppressant applied in the past, you must call to the municipal office at 204-739-2666 (Eriksdale) or 204-768-2641 (Ashern) or submit your request/payment in writing. Please note, payment must be made in full prior to application being made. Please be sure to let the office know if you have any special requests as to the location where the suppressant is to be applied.

All requests and full payment for application of dust control must reach the municipal office by 4:00 p.m. on May 10, 2024. Because the dust suppressant is a pre-booked custom application and the product is preordered, no requests for dust suppressant will be accepted after May 10, 2024.

The Public Works Department will schedule the application of dust suppressant once gravel has been applied (if required) which is to begin as soon as possible.

Form is available by following this link:

<http://www.rmofwestinterlake.com/main.aspx?CategoryCode=BE083259-5572-4DEA-9D08-6072C1F49D908;pageCode=244C20F5-6572-478C-A848-4930416643E2>

ASHERN LEGION BINGO

has changed from Sunday night to Tuesday night.
 Large Jackpot \$2000 in 55 numbers or less
 Mini Loonie \$1000+
 Bingo starts at 7pm

Warmer days are ahead! We have all been looking forward to getting outside and walking more!
 (Thank goodness because we are tired of seeing Caitlin with her tail between her legs with subpar snowmobiling this year.)
 This update has lots of great tips for walking outside to ensure your body will move forward and not take two steps back!

1. Start Slow

We're all getting out of hibernation season, so the body will not be used to walking 5 km out of the gate. Start slowly and gradually increase your distance each week. A 10% increase per week is the general rule to safely progressing.

2. Aches after are (mostly) normal

Think of that first day in the garden... 'Oi ya yoi' as my Baba would say. Feeling a little bit stiff and sore because you're not used to activity is very normal, as long as it goes away in 24-48 hours.

3. ...Buuuuut, keep an eye out on any extended soreness

Any prolonged aches or pains for more than a few days after walking is NOT normal.
If you already have soreness in your body when you walk, please, please, pretty please monitor this soreness very closely.

We have seen countless times where a patient lets some pain slide as they begin a new activity, and then *blamo* they are laid out in pain. They come in not being able to do anything, and unbelievably frustrated and upset.
 It's awful. Be kind to your body and get these things checked out. Get into the clinic to have it fixed. A little issue is much faster to address than a big issue that could potentially ruin your summer.

4. Footwear is important

If the treads in your shoes are worn, if you have holes in your shoes, if different body parts start aching when you wear your footwear, and if you have 500-800 km of wear with the shoes, consider buying new ones.

5. Gravel roads are rougher on our bodies, just like they're rougher on vehicles.

Our backroad patients are extra thrilled to get walking again! Keep in mind that your muscles work much harder on gravel than on pavement and your legs may work harder than you thought they would for the first few walks... The angles are different too on the shoulder (especially if buddy doesn't move over and forces you to go darn well into the ditch.)

Have anymore questions? Give us a shout at the office (204)768-4876, shoot us an email at info@ctphysio.ca or send us a message on social media!
 Let's go summer!

CT Physiotherapy

29 Main Street

P.O. Box 509

Ashern, MB R0C 0E0

Phone: (204)768-4876

Fax: (204)768-3202

CT PHYSIOTHERAPY



Rural Municipality of West Interlake

Ashern Office: 204-768-2641

Eriksdale Office: 204-739-2666



More information can be obtained at West Interlake Watershed District office at: 9 Main Street, Lundar, MB



Please join us in Welcoming Keith Lundale to the R.M. of West Interlake Council – Keith was voted in by Ward One voters on March 25, 2024. Welcome Keith, we look forward to working with you.

The WIWD will be conducting their Water Testing Days again this year on May 21st and June 25th. The WIWD will be covering the cost of 1 Coliform & E.coli sample valued at \$30.00, and/or 50% of 1 Advanced Drinking Water Quality Sample valued at \$190.00 per household for residents within the WIWD Boundaries and transporting samples to the lab. Residents must submit a request form at least one week prior to their preferred testing day. It is the resident's responsibility to take a water sample on the DAY of delivery and to deliver it to their RM office or the WIWD office by 10:00 a.m. on one of the requested sampling days. For more information or to receive a request form, please contact the WIWD office at 204.762.5850 or admin@wiwd.ca.

Interlake Swim Association
Summer 2024 Schedule

Silver Bay: July 1-5 Contact Charmaine @ logging@mts.net
 July 8-12 or Shaena @ Darkwolfshay@yahoo.ca
 Long Point: July 15-19 Contact Amie @ amie_whiteside@hotmail.com
 July 22-26
 Steep Rock: July 29- August. 2 Contact Tamsyn @ tamsyn18@hotmail.com
 August 5 - Aug. 9
 St. Laurent: August 12- Aug. 16 Contact sld.recdirector@mymts.net
 Watchhorn: August 5- Aug. 9 Contact Sharon @ northcs@lakeshoresd.mb.ca
 The Narrows: August 5 - Aug. 9 Contact Rhonna @ rhonnarodriguez24@gmail.com

THE ERIKSDALE NEW HORIZONS CLUB

Our Meal Program has been preparing, serving and delivering Home-made dinners to our community since 1989
 We are open Monday thru Friday (except stats)
\$8.00 dine in \$9.00 take out

offering the opportunity to enjoy well-balanced, affordable meals in a social setting or take out/delivery call 204-739-5552 a minimum of 1 day in advance to book your meal
 follow us on Facebook "Eriksdale New Horizons" to view our monthly menu or join the email menu distribution list



Lakeshore Hospital Guild Annual Fundraiser

Come and join us for a Garden Party on Friday, April 26 at Ashern Legion Hall. Lakeshore Hospital Guild invites you to come for homemade soup or chili and a bun for lunch and dessert and coffee starting at 11:30. Raffle tickets for local Gift Cards - \$300 Co-Op, \$200 Home Hardware and \$100 Petro Canada and silent auction tickets can be purchased with the draw to be made at 2:30 pm. There has been a tremendous amount of support for the Silent Auction and there are great prizes.

Lots of good homemade baking will be available with the Bake sale starting at 12:00 pm.

Special entertainment for the afternoon will feature local singer, songwriter Neil Thornham who will perform:

"I went to a garden party
 To reminisce with my old friends
 A chance to share old memories
 Play our song again"

Last year we had a phenomenal response and made over \$10 000 which was used to purchase an \$8000 Isotour air mattress for the hospital as well as room darkening blinds for the acute East side of the hospital.

Lakeshore Hospital Guild has a membership of 40 volunteers who are committed to helping raise funds for our community Hospital, Personal Care Home, Medical Clinic and Dialysis Unit in Ashern. Guild members bake cakes, serve funeral lunches, sell tickets, and help whenever called upon. Meetings are held four times a year with the Annual Meeting in June. New members are always welcome! For further information check out lakeshorehg.com

The Guild is very excited about the hospital expansion and has funds targeted for artwork and design elements in this state-of-the-art facility targeted to open next year.

Hi everyone! Some exciting things happening in the RM.

In the coming months – Creamery Days and Rodeo in Eriksdale, Family Fun at the Narrows, Thresherman's Reunion in Ashern, the Rodeo and Musical Ride coming to Ashern – to stay on top of all the going's on – Follow the R.M of West Interlake Facebook page, The R.M. of West Interlake Rec page. And as always if you would like to see something come to our area, email me at

rec@rmofwestinterlake.com

and I will do my best to make it happen.
 Christina Kallstrom
 Rec Coordinator
 RM of West Interlake
 Facebook Page
 Recreation – RM of West Interlake