



**RURAL MUNICIPALITY OF WEST INTERLAKE**

**Items that are Recyclable**

- \*AG Film & Twine
- \*Scrap Metal
- \*Compost
- \* Dry Electronics
- \* Brush Piles
- \*Appliances that **DO NOT** use Freon
- \*Batteries (Ex. AA, AAA, Cell phone) collected at Municipal Offices
- \* Used Oil
- \* Tires
- \* Paint

**Ashern Waste Disposal Grounds Hours:**

*Effective April 1, 2024*

- Monday: 8 am - 12 pm
- Wednesday: 8 am -12 pm & 1 pm - 4 pm
- Thursday: 8 am - 12 pm
- Friday: 8 am - 12 pm
- Sunday: 10 am -4 pm

**Oakview Waste Transfer Station Hours:**

**Winter Hours (Oct. 1 -April 30)**

- Monday: 10am - 2 pm
- Thursday: 10am - 2pm
- Sunday: 11 am - 5 pm

**Summer Hours (May 1 - Sept.30)**

- Monday: 10 am - 2 pm
- Thursday: 10 am - 2 pm
- Saturday: 11 am -5 pm
- Sunday: 11 am - 5 pm

**Waste Disposal Ground Hours  
Ashern and Oakview Locations**

The Ashern Waste Disposal Grounds Requires the following recycling items to be sorted as Follows :



Currently Styrofoam, tinfoil and other foil items, soft plastics (bread bags, sandwich bags, etc.) Soiled paper items (paper plates, paper towels etc.) CAN NOT be Recycled

**Landfill Waste**

Unit	Applicable Fee
1 Standard Size Garbage Bag	\$1 each bag
1 Industrial Sized Garbage Bag	\$2 each bag
1/2 Ton Truck or 1 Axel Utility Trailer	\$15/load or part thereof
1 Ton Truck or 2 Axel Utility Trailer	\$30/load or part thereof
3 Ton Truck	\$90/load or part thereof
Tandem Truck	\$150/load or part thereof
Semi-Trailer	\$300/load or part thereof

**All Waste that is not Recycling will be Charged.**

The RM of West Interlake would like to remind people that Hazardous Waste will not be picked up curbside, it must be brought to the facility. Please also keep in mind that Recycling cans must be rinsed out of food items to be accepted.

Thank you!

Rural Municipality of West Interlake's

**MUNICIPAL MATTERS**

JANUARY 2025



The Rural Municipality of West Interlake strives to keep our website and social media up to date – we understand it can be frustrating at times when information is not immediately available to our rate payers. We ask for patience with our staff as they do their best.

We also understand in the past we have released our Meeting Minutes as draft minutes – we have stopped that practice as it created confusion if there were ever any errors or omissions. Minutes from a previous meeting are approved at a current meeting and then they will be posted.

**RM of West Interlake**

**ACCEPTED METHODS OF PAYMENT**

**CHEQUE** – Payable to the RM of West Interlake. Postdated cheques are accepted prior to the due date but will and will not be processed until the date on the cheque. When sending payment by mail, please enclose the portion of your tax statement and ensure payment arrives on or before the tax deadline.

**CASH**

**DROP BOX** – Located at the front entrance of both offices

**ONLINE BANKING**

**POS – Debit only**

**E-TRANSFERS** – The RM accepts E-transfers forwarded to payments@rmofwestinterlake.com

**PLEASE INDICATE WHAT YOU ARE PAYING FOR EITHER WITH YOUR ROLL # OR UTILITY ACCT #**

**VISIT OUR NEW WEBSITE!**



www.rmofwestinterlake.com

# CT COMPUTER REPAIRS

Remote support/local drop off/at your site



- Full system diagnostic and complete clean ups/tune-ups
- Virus/malware/spyware/pop-up removals and prevention
- Full system optimization/speed up/maintenance/cleaning
- Updates/firmware/driver support
- Software installs/updates
- New system setups and consults
- Backup and data recovery
- System freezing/crashes/blue screen error messages fixes
- Guaranteed and certified A+ servicing for home/businesses
- FREE anti virus installs with clean ups

Convenience, privacy and flexibility at fair prices

Fast, friendly, professional tech support-365 days a year

Free phone estimates/Warranted work

Save gas, money and time - support your local businesses!

Phone/Text/WhatsApp 204-471-5818

email: computertutor@live.ca

web page: www.computertutorpetra.ca

Facebook: www.facebook.com/petracomputertutor

Read about us, and check out our many great 5 star reviews on our website and Facebook!

## Council Meeting Dates 2025

January 7th @ 9:00 am in Eriksdale

January 21st @ 9:00 am in Ashern

February 11th @ 9:00 am in Eriksdale

March 4th @ 9:00 am in Ashern

March 25th @ 9:00 am in Eriksdale

April 15th @ 9:00 am in Ashern

May 6th @ 9:00 am in Eriksdale

May 27th @ 9:00 am in Ashern

June 17th @ 9:00 am in Eriksdale

July 8th @ 9:00 am in Ashern

July 29th @ 9:00 am in Eriksdale

August 19th @ 9:00 am in Ashern

September 9th @ 9:00 am in Eriksdale

September 30th @ 9:00 am in Ashern

October 21st @ 9:00 am in Eriksdale

November 12th @ 9:00 am in Ashern

December 16th @ 9:00 am in Eriksdale

## Local Urban District Meeting Dates

LUD meetings are held in the Ashern Council Chambers

January 20<sup>th</sup> @ 5:00 pm

February 18<sup>th</sup> @ 5:00 pm

March 17<sup>th</sup> @ 5:00 pm

April 22<sup>nd</sup> @ 5:00 pm

May 20<sup>th</sup> @ 5:00 pm

June 16<sup>th</sup> @ 5:00 pm

July 21<sup>st</sup> @ 5:00 pm

August 18<sup>th</sup> @ 5:00 pm

September 15<sup>th</sup> @ 5:00 pm

October 20<sup>th</sup> @ 5:00 pm

November 17<sup>th</sup> @ 5:00 pm

December 15<sup>th</sup> @ 5:00 pm

GO  
PAPERLESS



Attention Utility Account Holders

Please be advised that the RM of West Interlake is moving to paperless billing effective April 1st, 2025.

Please write our email address on your payment remittance stub in the designated area along with your payment or you can call/email the Ashern office at 204-768-2641 or [info@rmofwestinterlake.com](mailto:info@rmofwestinterlake.com)



## THE ERIKSDALE NEW HORIZONS CLUB

Our Meal Program has been preparing, serving and delivering Home-made dinners to our community since 1989

We are open Monday thru Friday (except stats)

\$8.00 dine in \$9.00 take out

offering the opportunity to enjoy well-balanced, affordable meals in a social setting or take out/delivery call 204-739-5552 a minimum of 1 day in advance to book your meal

follow us on Facebook "Eriksdale New Horizons" to view our monthly menu or join the email menu distribution list by emailing us at [eriksdalenewhorizons@gmail.com](mailto:eriksdalenewhorizons@gmail.com)

## Fieldstone Ventures Education and Training

Are you wanting to do some Upgrading? Have you ever thought that you should get your diploma?

If you answer yes to the questions above, then Fieldstone is the place to come. We can help you upgrade any of your courses that you may need to get into a post-secondary course. If you are unsure of what the requirements are to get on the course that you have been wanting to take for a while now, we can guide you as to what you will need to accomplish your dream job.

If you would like to obtain your diploma, we can help with that. Our courses are done at your pace, and you can come into Fieldstone and sit with the teacher, or you can work on the courses at your leisure at home. We do continuous intake, so you can start anytime. We charge \$35.00 for the course and \$20.00 for the books. You will receive the book fee back once we get the books back in good condition. If you want to find out more about what we can offer you, please call us @

204-768-3797.

SAVE THE DATE  
AUG 15-17, 2025

AGM  
JAN. 13, 2025  
8:30pm

ROGER Kim Lee Music Festival  
ERIKSDALE, MB

## Winter-Spring Events

2nd Annual  
**ROGer's Rhythmic Rumble**  
A battle of the bands in collaboration with the Eriksdale Winter Carnival  
**Saturday, February 15th, 2025**  
Eriksdale Rec. Hall 8:30pm  
\$500 Prize | Entrance by Donation

## Spring Show

Stay TUNED for further details!

[rogerkimleemusicfest.com](http://rogerkimleemusicfest.com) @rogerkimleemusicfestival  
[rogerkimleemusicfest@gmail.com](mailto:rogerkimleemusicfest@gmail.com) #rklmusicfestmb

Buying or Selling a Property  
 If you are buying or selling a property in Ashern or Eriksdale on your own or through a realtor, please ensure you request a municipal inspection of the water meter and any applicable water or sewer connections prior to closing your transaction. The Utilities Foreman can be reached by calling either office at  
 204-768-2641 or 204-739-2666



**SAVE**  
  
**ERIKSDALE CREAMERY DAYS FAIR & RODEO**

**JULY 5 & 6**  
**2025**

**THE**  


**DATE**  


## C.E.W.D.G

### Coldwell Eriksdale Waste Disposal Grounds

**204-739-2808**

#### Curbside Garbage & Recycling Guidelines

**Town (Lundar & Eriksdale) Garbage & Recycling Curbside Pick-up**  
**Weekly – Tuesdays, have bags/bins curbside by 8:00 am**  
**2 bags of household garbage, not to exceed 40 lbs. – colored bags**  
**1 bag of CLEAN recycling (no limit) – blue or clear bag**

Due to inclement weather & unforeseen circumstances garbage will be collected the following day, unless otherwise posted.

**Rural (Lundar & Eriksdale) Garbage & Recycling Curbside Pick-up**  
**Bi-weekly – have bags/bins within 20 feet of roadway surface edge by 8:00 am**  
**Eriksdale bi-weekly Thursday**  
**Lundar bi-weekly – Lundar East Thursday – and Lundar West Friday –**  
**4 bags of household garbage, not to exceed 40 lbs. – colored bags**  
**2 bags of CLEAN recycling (no limit) – blue or clear bag**

Due to inclement weather & unforeseen circumstances pick-up will be on the following bi-weekly schedule.  
 Double the amount is allowed.

- ⚡ Ensure all bins are in safe handling condition & clean
  - ⚡ Broken bags are owner's responsibility
    - ⚡ All bags must be tied
- ⚡ Recycling must be CLEAN; workers handle this product. Containers should be drained & rinsed.
  - ⚡ Separate glass – place in separate bag or box.

#### **Recycling Guide – Acceptable Items in Recycling Bags**

Newspaper, flyers, magazines, catalogues, paper directories, wrapping paper with no foil or cellophane  
 Aluminum food & beverage containers (pop cans)  
 Steel food & beverage containers (soup, bean, vegetable cans)  
 Gable top containers (milk & cream cartons) Aseptic packaging (juice boxes)  
 Corrugated cardboard, Boxboard (cereal boxes, etc.)  
 Plastic Containers # 1,2,4,5,7 milk jugs, water & pop bottles ...  
**Look for the triangle with the above # in or near it on plastic.**



*look for this!*

#### **Unacceptable items in Recycling**

##### **Bags for curbside pick-up**

Aluminum foil, foil pie plates, foil food containers, foam packaging, paper towel, tissue, plastic bags, wax or foil coated paper i.e. (foil wrapping paper, gift bags, bows, pet food bags), broken glass, dishes, Plastic # 3,6,9, soiled food boxes (greasy pizza boxes), Electronics & batteries – collected at site



**BRACE FITTINGS**  
**AVAILABLE AT CT PHYSIO!**

**CT PHYSIOTHERAPY**  
**LUNDAR & ASHERN**

**CT Physiotherapy now provides brace fittings!**

**Don't worry about having to make a trip to Winnipeg for your back, wrist, knee, or ankle brace!**

If you have a prescription from your Doctor/Nurse Practitioner, it can be covered by MB Health!

Give us a call at (204) 768-4876 or pop in to 29 Main Street Ashern to find out more!

 **WE'RE ON FACEBOOK! @CT PHYSIOTHERAPY**

 **VISIT OUR WEBSITE! WWW.INTERLAKEPHYSIO.CA**

# ASHERN LAKESHORE GENERAL HOSPITAL

January 2025



- Added capacity – we can care for more patients
- Better able to deliver care – emergency department space aligns with community needs

## Photos



Brightly lit hallways



Floor to ceiling windows in patient rooms

## Project Details

### Hospital Bed Addition: Opens winter 2025

- 18,000 sq.ft. single storey addition
- 26 single inpatient rooms with personal washrooms and floor to ceiling windows
- Ceiling lifts in rooms to assist with safe patient transfer
- New space for rehabilitation with equipment to practice moving patients up and down stairs and in and out of tubs.
- New bright, sun-filled palliative care space with family room and patio space
- New *All Our Relations* spiritual care space with upgraded lighting, ceiling ventilations for smudging
- New bariatric room (can accommodate larger body sizes) with reverse ventilation to keep patients with compromised immune systems safe.

### New technologies

- Automated medication distribution system (first rural hospital in Manitoba to have this system)
- Emergency department information System (EDIS)

### 8 new treatment spaces in the emergency department: Opens Fall 2025

- Increase in size from 2400 to 7800 sq. ft

## Do you have an Evacuation Plan?

Having an evacuation plan is very important. Emergencies like fire, flood or explosion can occur at any time and planning is vital to making sure that you can evacuate quickly and safely no matter what the circumstances.

If you need assistance in developing a  
Safety Plan for  
your home or business  
Please  
contact your local  
Fire Department



FOURTH ANNUAL  
**MCINTOSH**  
*2025 Ranch* & guest  
BULL & REPLACEMENT HEIFER  
SALE ONLINE WITH FARMGATE.TIMEDACTIONS.COM

MARCH  
**9-10**

**MCINTOSH**  
*Ranch*

KOLTON, NIKODA  
& FAMILY  
204-280-0359

KEVIN & KAREN  
204-280-0587



*Simmental*      *Angus*      *Hybrid*

RED & BLACK SIMMENTAL & BLACK ANGUS BULLS  
PENS OF MCINTOSH Sired REPLACEMENT HEIFERS

## E.M. Crowe Memorial Hospital Guild

Let me first give you a bit of background on our organization. In 1911, a Union Ladies Aid was formed by the homesteader's wives who saw the need to help many sick and needy families as there wasn't a hospital closer than Winnipeg and the nearest doctor was 12 miles away. The community was blessed when a large donation of money was left in trust to the Ladies Society of Westminster Church in Winnipeg. It was to go towards building a hospital in the Interlake area and Eriksdale was the chosen site. The hospital was opened on May 12, 1926, and the Union Ladies Aid was renamed the E.M. Crowe Memorial Hospital Guild after the donor, Mrs. EM Crowe. When it first opened it had seven beds, though enlarged from time to time. In 1961 the Government approved the building of a new 17 bed hospital, financed by the WMS, the community of federal and provincial grants. In the beginning the hospital was staffed by Missionary Nurses, supplied by the Women's Missionary Society of the United Church with volunteer help from within the community. To this day many updates and renovations have been done to help serve Eriksdale and many surrounding communities. The guild continues to raise funds to purchase much needed equipment to help with the daily operations of the hospital. This past year was a productive one with hosting a June in Bloom Tea and volunteering to serve and clean up at the Eriksdale Fall Supper. We also continue to receive many generous donations made by community and non-community members. We are also very grateful to family which choose this organization to honor their loved ones that have passed. Many donations towards equipment and renovations have been made this past year and they are as follows; \$8000.00 donated to the renovations of the new Physio area within the hospital. \$5000.00 donated towards the building of a Handi Van Garage in Eriksdale. \$3815.00 to purchase an Imaging Chair for the hospital x-ray department. \$2941.00 to purchase 3 ergonomic chairs, 2 portable tympanic thermometers and 1 handheld doppler. \$7007.00 to purchase Telehealth Equipment for the hospital. \$500.00 donation to Stars Trauma Air Rescue Service Foundation. \$500.00 to Eriksdale Christmas Hamper Fund.

Going forward in 2025 we are very excited with all the new ideas we hope to bring to fruition. We will once again be hosting teas (with dates to follow) offering our services with hopes of being able to volunteer once again at the fall supper. Two new ideas that are coming across the table for everyone to keep watching for is a Christmas Cookie Caper and a Community Birthday Calendar.

We want to take this time to express our heartfelt gratitude to all who have given unwavering support over the years. It's truly inspiring to carry on the legacy of the Union Ladies Aid's mission from over a century ago, dedicated to enhancing the community and providing vital necessities to those in need of them.

In parting we would like to invite anyone who would like to attend our AGM on February 5<sup>TH</sup> starting at 7:00 pm in the boardroom of the Eriksdale Wellness Centre. Coffee and dainties will be served after the meeting, and we welcome anyone wishing to join to come out and see what our organization is all about.



Work with purpose – grow with us.

### Positions we're hiring for:

IERHA is hiring into new full and part-time positions at Ashern's Lakeshore General Hospital that require different levels of education and training.

Opportunities will be posted on our website – please share with your friends and family!

- *expanded pharmacy team*
- *emergency department manager*
- *discharge and home care coordination*
- *improved access coordination to long term care*
- *expanded palliative care support*
- *expanded community mental health services (adult, child and adolescent)*
- *expanded therapy services*
- *expanded primary care Chronic Disease nurse*
- *expanded Indigenous health team*
- *improved patient advocacy*

Visit [www.ierha.ca](http://www.ierha.ca) for positions:



Visit [www.ierha.ca](http://www.ierha.ca) for upcoming local health care training opportunities:



## Smudging Ceremony



In December, Regional knowledge keeper, Robert Maytwayashing (at far right in the photo), offered a smudging ceremony to purify the new space and help create a positive mind set. The ceremony respects the spiritual and cultural practices of First Nations and Métis people who attend Ashern's Lakeshore General Hospital. It was offered with intent to benefit all people who pass through the facility's doors.

Staff participated in the first part of the ceremony. Robert then walked through each of the rooms in the new in-patient unit offering the smudge ceremony to the new spaces.

### Follow us and share!



Interlake-Eastern Regional Health Authority



@ierha\_news



InterlakeEasternHealth



@IERHA\_MB



info@ierha.ca

### See what staff members are saying about the inpatient expansion!



Tammy Reykdal, Dialysis HCA





## Please **DO NOT** Flush

Even though a product may be small enough to be flushed, does not mean it should be. Flushing items that are not meant to be flushed, including those labeled **flushable**, can lead to problems in the sewer system, at the wastewater treatment facility, and for the environment.

## Things to **NEVER** flush:

- Baby Wipes and Diapers (including 'flushable' or 'disposable')**: These highly absorbent synthetic materials are slow to breakdown and can clog sewer systems.
- Paper Towels**: Just like wipes, these common household items are designed to not breakdown when wet and absorb liquids.
- Cotton Balls, Cosmetic Pads and Cotton Swabs**: These non-flushable items tend to gather in pipe bends causing blockages.
- Dental Floss**: This little string can cause havoc to plumbing and sewer systems.
- Medications or Supplements**: Wastewater treatment facilities are not designed to breakdown pharmaceuticals. While drugs may dilute in the waste stream, studies have shown the presence of medicines such as steroid hormones and antidepressants in wastewater effluent.
- Medical Supplies**: Razors, bandages and hypodermic needles are often flushed, but quite simply, they don't degrade. The razor blades, needles also present a danger to employees who need to remove the items that clog the system.
- Rubber**: Items such as latex gloves and condoms are made of a material that is not intended to breakdown in liquid.
- Feminine Hygiene Products (sanitary napkins, tampons and applicators)**: Like cat litter, these products are designed to absorb liquids and swell in the process, clog pipes, get stuck in bends and block sewer lines.
- Fats, Oil, and Grease**: Known in the wastewater industry as 'FOG', are liquids that solidify when cooled, and this creates significant problems for public wastewater systems, as well as drains in your home.
- Cat Litter (including 'flushable')**: The absorbent properties of litter are designed to 'clump' and will clog sewer systems.
- Hair**: Like dental floss, flushed hair can cause tangled blockages ensnaring everything that passes by.
- Food Products - banana peels, apple cores, leftovers, etc.**: While these may degrade over time, food products simply do not disintegrate fast enough and can cause blockages throughout the system.
- Trash of any kind**: All this litter does not easily biodegrade.
  - Candy and other food wrappers
  - Cigarette butts
  - Rags
  - Plastic Bags
- Chemicals**: Paint, automotive fluids, solvents, and poisons, are just terrible pollutants to flush. Just as wastewater treatment plants are not designed to screen out pharmaceuticals, these facilities are not designed to eliminate toxic chemicals.
- Heavy Metals**: These pollutants include mercury, cadmium, arsenic, lithium (think batteries) and lead, etc. Please dispose of any of these toxins properly to prevent harm to the environment and the potential for serious health risks.



**Ashern Manitoba**  
**Mobile: 1-204-768-3016**  
**lwrctthird@gmail.com**

**Moosehorn Minor Baseball AGM**  
 TUESDAY JANUARY 21  
 6PM  
 ALF CUTHBERT SCHOOL LIBRARY

QUESTIONS: MOOSEHORNMINORBALL@YAHOO.COM

WE HOPE TO HAVE TEAMS FROM U5 THROUGH U13 THIS YEAR. WITH A FULL GAME ROSTER FOR U9 AND UP



**SAVE THE DATE!**  
**September Long Weekend!**  
 Join us for a Weekend of fun!  
 Rodeo, Parade, Street Dance, Entertainment, Breakfast and beer gardens

### Friendly Reminder

**Has your contact information changed? Have you sold or bought a property?**  
 Please remember to inform the RM of **ANY** changes to your Utility Services and Contact Information. Keeping your details updated helps us ensure efficient communication  
 Send us an email to [info@rmofwestinterlake.com](mailto:info@rmofwestinterlake.com) or call 204-768-2641 or 204-739-2666

## Dog Licensing

All dogs in the whole RM require a dog license. Dog licenses can be purchased at the municipal office in Ashern and Eriksdale.

- Intact dog, \$20 per year (annual license valid Jan 1st to Dec 31st)
- Spade/Neutered dog, \$10 per year (annual license valid Jan 1st to Dec 31st)

Please present proof of rabies vaccination when registering.  
 The Animal Control Bylaw 21-2020 stating these requirements is available on request.

**FLOOR CURLING**  
**ERIKSDALE RINK**  
**FRIDAYS**  
**1:00 PM - 2:30 PM**

EVERYONE IS WELCOME  
**\$2.00 DROP IN FEE**  
**PLEASE BRING INDOOR SHOES**

RURAL MUNICIPALITY OF WEST INTERLAKE

**Ashern Municipal Office**  
 Box 370, 38 Main Street  
 Ashern, MB  
 ROC OEO  
 P: 204-768-2641  
 F: 204-768-2301  
[www.rmofwestinterlake.com](http://www.rmofwestinterlake.com)

## Happy YOU Year!

Free Virtual Wellness Classes

- \* **Craving Change** - January 29 to March 5, 12:00-1:00pm
- \* **Empowered Eating** - January 14 to February 4, 10:00am-12:00pm
- \* **Commit To Quit** - January 15 to February 12, 1:30-2:45pm or 6:00-7:15pm
- \* **No Gym Required** - January 14 to 28, 10:30am-12:00pm

To register, please email [wellness@ierha.ca](mailto:wellness@ierha.ca)



Interlake-Eastern Regional Health Authority

### Request for Service

To request municipal services such as drainage, crossings, beaver/dam removal culverts burn permits, private works for grading etc. please complete the appropriate "Request for Service" form that can be obtained from our website or at either office. Completed forms can be dropped off at the Ashern or Eriksdale office during business hours or emailed to [info@rmofwestinterlake.com](mailto:info@rmofwestinterlake.com) or mailed.

### Concern Intake Forms

Do you have a concern you would like us to hear about and investigate please call or come into either office or fill out an intake form to let Council know how you feel.

**northern wellness**

For next refill or any questions, please call us at:  
**204-768-2037**  
 or Toll Free  
**1-888-768-2037**

Wishing everyone all the very best in 2025! It has been our pleasure to serve you in 2024, and we look forward to continuing our work together in the year ahead. We invite you to stop in for a chat and grab a coffee

### Eriksdale Municipal Office

Box 10, 10 Main Street  
 Eriksdale, MB  
 ROC OWO  
 P: 204-739-2666  
 F: 204-739-2073  
 Email: [info@rmofwestinterlake.com](mailto:info@rmofwestinterlake.com)